



# CHIEF RESIDENTS SUMMIT OBESITY

## Have your resident register **NOW**

[www.pcmg-us.org/obsummit](http://www.pcmg-us.org/obsummit)

**Saturday, February 22, 2025**

**FREE!**  
Registration  
Required



This interactive, virtual Summit features breakout sessions, Q&A, presentations and more.

### **FACULTY:**

**Johanna Finkle, MD, FACOG**  
Professor, OB/GYN, Univ. of Kansas

**Robert Kushner, MD**  
Internist, Founder, ABOM

**Michelle Look, MD, FAAFP**  
Sports Medicine

**Eden Miller, DO**  
CEO, Diabetes & Obesity Care

**Joseph Nadglowski, Jr.**  
CEO, Obesity Action Coalition

**Christopher Still, DO**  
Director, Geisinger Obesity Institute

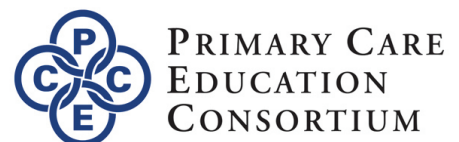
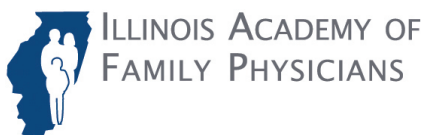
Over 40% of adults in the US suffer from obesity, and the numbers are rising. The need for education on treating this patient population is apparent. Obesity is a common chronic relapsing disease with an enormous impact on both the patient and society at large. Obesity is not universally viewed as a disease, reflecting a lack of understanding regarding the energy dysregulation and underlying physiologic alterations that lead to weight gain. Many physicians are not confident in their ability to help patients overcome the many barriers to achieving and maintaining a healthy weight.

The Chief Residents Summit on Obesity (CRS O) is modeled after our very successful Chief Residents Summit on Intensifying Diabetes Management, now in its 18th year. CRS O is open to chief and/or senior residents at residency programs across the country.

New approaches to evaluation and management, including emerging and existing treatments, offer hope for addressing the needs of these patients. Have your chief and senior residents register at [pcm-g-us.org/obsummit](http://pcm-g-us.org/obsummit) NOW (QR Code above) to join us for this free one-day virtual Summit on a crucial topic.

Stephen Brunton, MD, FAAFP, CDCES  
Executive Director, Primary Care Metabolic Group  
Associate Professor, Touro University

 In an effort to preserve the intimate and in-depth setting of the Summit, space is limited.



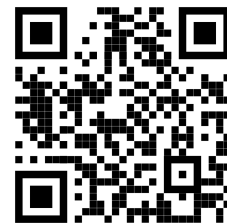
Any Questions? Email [nwilliams@pceconsortium.org](mailto:nwilliams@pceconsortium.org) or call 704-752-0257.

## Have your resident register **NOW**



[www.pcmg-us.org/obsummit](http://www.pcmg-us.org/obsummit)

**Saturday, February 22, 2025**



### Agenda

**11 am-5 pm Eastern**

- Obesity as a chronic, treatable disease with diverse causes
- Weight bias and a welcoming patient appointment
- Diagnosis, treatment goals and lifestyle/behavioral interventions
- Pharmacologic treatment of obesity
- Surgical approaches and medical devices for managing obesity
- Access to treatments and case scenarios

This highly interactive program will also include case studies, meet and greet, and ample opportunity for Q&A with faculty.

### Chief Residents Summit on Obesity 2024 On a scale of 1-5 where 5=Excellent...

Activity Aspect Rated	Average Score
Overall Summit rating	4.87
Degree to which your educational expectations were met	4.87
Practical application to your practice	4.87
Information provided was new and useful	4.87
Opportunity to engage with faculty	4.87
Opportunity for discussion, comments, Q&A	4.87
Audiovisual presentations	4.87
The program increased my knowledge	4.87
The content of the activity was evidence based using the latest information, and demonstrated scientific rigor	4.87

**Average score for all aspects of the Summit: EXCELLENT.**

★ **Registration is limited to two residents per program. Register early as space is limited!**



ILLINOIS ACADEMY OF  
FAMILY PHYSICIANS



PRIMARY CARE  
EDUCATION  
CONSORTIUM