



**CHIEF RESIDENTS  
SUMMIT  
OBESITY**

**Free!**  
**Registration Required**  
Have your resident register now  
[pcmg-us.org/obsummit](http://pcmg-us.org/obsummit)



**REGISTRATION BEGINS NOW!**  
**Have your resident register for the  
6th Annual Chief Residents Summit on Obesity**  
**Saturday, February 21, 2026**

This interactive, virtual Summit features breakout sessions, Q&A, presentations and more.

**Faculty**

**Robert Kushner, MD**  
Internist, Founder, ABOM

**Eden Miller, DO**  
CEO, Diabetes & Obesity Care

**Joseph Nadglowski, Jr.**  
CEO, Obesity Action Coalition

**Donna H. Ryan, MD**  
Professor Emerita  
Pennington Biomedical  
Research Center

**Christopher Still, DO**  
Director, Geisinger Obesity  
Institute

Approximately 2 in 5 U.S. adults have obesity, and the need for education on treating this patient population is apparent. Obesity is a common chronic relapsing disease with an enormous impact on both the patient and society at large. Obesity is not universally viewed as a disease, reflecting a lack of understanding regarding the energy dysregulation and underlying physiologic alterations that lead to weight gain. Many physicians are not confident in their ability to help patients overcome the many barriers to achieving and maintaining a healthy weight.

The Chief Residents Summit on Obesity (CRS O) is modeled after our very successful Chief Residents Summit on Intensifying Diabetes Management, now in its 19th year. CRS O is open to chief and/or senior residents at residency programs across the country.

New approaches to evaluation and management, including emerging and existing treatments, offer hope for addressing the needs of these patients. Have your chief and senior residents register at [pcmg-us.org/obsummit](http://pcmg-us.org/obsummit) NOW (QR Code above) to join us for this free one-day virtual summit on a crucial topic.

Sincerely,

Stephen Brunton, MD, FAAFP, CDCES  
Executive Director, Primary Care Metabolic Group  
Professor, University of South Carolina



In an effort to preserve the intimate and in-depth setting of the Summit, space is limited.





**Free!**  
**Registration Required**  
 Have your resident register now  
[pcmg-us.org/obsummit](http://pcmg-us.org/obsummit)



Chief Residents scored all aspects of  
 the Summit as **EXCELLENT** 

## 2026 Agenda

11am – 5pm Eastern

- Obesity as a chronic, treatable disease with diverse causes
- Weight bias and a welcoming patient appointment
- Diagnosis, treatment goals and lifestyle/behavioral interventions
- Pharmacologic treatment of obesity
- Surgical approaches and medical devices for managing obesity
- Access to treatments and case scenarios

This highly interactive program will include case studies, meet and greet, and ample opportunity for Q&A with faculty.

Please rate the following:	Average Rating
Overall Summit rating	<b>4.81</b>
Degree to which your educational expectations were met	<b>4.74</b>
Practical application to your practice	<b>4.83</b>
Information provided was new and useful	<b>4.83</b>
Opportunity to engage with faculty	<b>4.76</b>
Opportunity for discussion, comments, Q&A	<b>4.71</b>
Audiovisual presentations	<b>4.83</b>
This program increased my knowledge	<b>4.86</b>
Evidence based using the latest information, and demonstrated scientific rigor	<b>4.86</b>

Ratings were on a 5-point Likert scale where 1 = Poor (or Strongly Disagree) and 5 = Excellent (or Strongly Agree). The average score for all aspects of the program was EXCELLENT/Strongly Agree.



Registration is limited to two residents per program. **Register early as space is limited!**

**QUESTIONS?** Email Nora Williams at [nwilliams@pceconsortium.org](mailto:nwilliams@pceconsortium.org) or call 704-752-0257

